

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

## Screening, Brief Intervention, and Referral to Treatment Survey

SBIRT is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and drugs.<sup>1</sup> The following questionnaire is one SBIRT tool that can be used in the prior authorization process for opioid prescriptions for TennCare members.

**Please begin with the brief PRE-SCREEN SURVEY below.**

Are you currently in recovery for alcohol or substance use?  Yes  No

**Alcohol:** One drink =

	12 oz. beer		5 oz. wine		1.5 oz. liquor (one shot)
				None	1 or more

<b>MEN:</b> How many times in the past year have you had 5 or more drinks in a day?	<input type="radio"/>	<input type="radio"/>
<b>WOMEN:</b> How many times in the past year have you had 4 or more drinks in a day?	<input type="radio"/>	<input type="radio"/>

**Drugs:** Recreational drugs include methamphetamines (speed, crystal), cannabis (marijuana, pot), inhalants (paint thinner, aerosol, glue), tranquilizers (Valium), barbiturates, cocaine, ecstasy, hallucinogens (LSD, mushrooms), or narcotics (heroin).

How many times in the past year have you used a recreational drug or used a prescription medication for nonmedical reasons?	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------

**For any "1 OR MORE" response to the PRE-SCREEN, administer the \*CAGE-AID SURVEY.**

\*If patient did not answer "1 or more" then the CAGE-AID SURVEY does not need to be administered.

In the last three months, have you felt you should cut down or stop drinking or using drugs?  Yes  No

In the last three months, has anyone annoyed you or gotten on your nerves by telling you to cut down or stop drinking or using drugs?  Yes  No

In the last three months, have you felt guilty or bad about how much you drink or use drugs?  Yes  No

In the last three months, have you been waking up wanting to have an alcoholic drink or use drugs?  Yes  No

**If any answer is "Yes", it may indicate a possible substance use disorder and a need for further medical discussion and/or referral to treatment.**

<sup>1</sup>For more information or education visit: <https://www.integration.samhsa.gov/clinical-practice/sbirt>  
 CAGE-AID SURVEY adapted from SBIRT Training: <https://www.sbirtraining.com/node/525>  
 PRE-SCREEN SURVEY adapted from SBIRT Oregon: <http://www.sbirtoregon.org/>